

IT'S WHAT'S FOR DINNER

A new meal service brings gourmet supper to Seattle doorsteps



FOOD

A smattering of Munchery options and the app that helps you order

WHEN YOUR BRAIN IS FRIED after a long day at work, the mere question “What’s for dinner?” can put you over the edge. And while Seattle has plenty of dinner delivery and pick-up-and-warm-up options, few can promise a meal made from scratch that same day—never frozen—using organic, locally sourced and otherwise good-for-you ingredients. **Munchery** has been doing just that in San Francisco since 2010, and this summer the rapidly expanding company brings its commitment to delivering healthy, small-batch dinners to Seattle. Started by a couple of busy parents, Munchery offers an ever-changing array of gourmet dishes clearly labeled with Seattle’s favorite buzzwords: vegetarian, vegan, dairy-free, wheat-free and nut-free. (P.S.: The trays are compostable!) Choose from the sumptuously photographed

options at munchery.com, select same-day delivery or order days in advance, receive a text message when the driver is en route, then rejoice when your order arrives chilled and ready for 10–15 minutes of heating (instructions are provided for oven and microwave). Emerald City options were still in the works at press time, but a recent SFO menu included Asian eggplant stir-fried with fresh tofu, basil, sesame oil, onions and garlic (\$10.95) and rainbow trout with sautéed seasonal vegetables (\$11.95). Delivery is an additional \$3. Commenters on the website report that the portions are generous—and most important, really tasty. **BRANDON TAYLOR**

FAIR WARNING

“I’D SAY IT’S A SMALL POSSIBILITY.
BUT WE WANT TO MAKE SURE THAT EVERYBODY
UNDERSTANDS IT’S A POSSIBILITY.”

Washington State Secretary of Transportation Lynn Peterson, in an April 29 interview with KIRO-FM’s Dori Monson, on whether it’s possible the waterfront tunnel project may never be finished